

Michael Jordan Speaks Lessons From The Worlds Greatest Champion Speak Series

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Bill Gates Speaks Janet Lowe 2001-01-19
"Our slogan from the very beginning was 'a

computer on every desk and in every home.'" "For me to become gun-shy might require surgery." An icon more powerful

than anything on a Windows screen, Bill Gates today stands atop his fabled Microsoft fortress staring down competitors' threats and injunctions from an annoyed U.S. Justice Department. The kind of success Gates has created rarely escapes criticism. And Bill is getting more than his share. The story of how this Harvard dropout created the operating system that would become the worldwide standard for millions of computers is legendary. And equally legendary has been the take-no-prisoners tactics of his corporate colossus, Microsoft. We've witnessed Gates's transformation from a geeky wunderkind into a business titan. Whether admired or detested, glorified or vilified, Gates is a household name and a worldwide curiosity. Bill Gates Speaks discloses what Bill Gates has to say on everything from financing a start-up to running a conglomerate, developing

technology to raising a family, and growing his business to expanding his personal wealth. Drawing on quotes culled from speeches, articles, essays, newscasts, and interviews, this unique book weaves all of this information into a compelling and easy-to-read biography. Here is just a sample of what you'll find inside: * "My parents weren't all that excited about their son announcing he was dropping out of a fine university to start a business in something almost nobody had heard of called 'microcomputers.'" * "I think business is very simple. Profit. Loss. Take the sales, subtract the costs, you get this big positive number. The math is quite straightforward." * "I envy people who thrive on three or four hours of sleep a night. They have so much more time to work, learn, and play." * "We never waste a lot of time talking about what we're doing well. It just isn't our culture. Every meeting

is about 'Sure, we won in seven of the categories, but what about that eighth category?'" * "The PC industry is the model industry in the entire economy. The rate of innovation, the openness—all of these things are just fantastic. And Microsoft's role in creating this has been absolutely fundamental." The world listens when Bill Gates speaks "I'm not competent to judge his technical ability, but I regard his business savvy as extraordinary. If Bill had started a hot dog stand, he would have become the hot dog king of the world." - Warren Buffett "It is still possible to be a Vanderbilt, an Astor, a Rockefeller. You can still do that, you can be Bill Gates." -David Geffen "Everybody is waiting for this guy to slip. He hasn't slipped, and there's very little chance that he will. Everything that he keeps his hands in will work, and he will win." -Alan Kerr, Ogilvy & Mather "Love him or hate him, but you can't ignore him."

-Fortune

Eleven Rings Phil Jackson 2014-04-29
"Through candor and comprehensiveness, Jackson writes a convincing revisionist take, in which he emerges as an excellent coach . . . highly readable . . . reflects Jackson's polymathy." —The New York Times Book Review "Part sports memoir, part New Age spirit quest, part pseudo-management tract . . . But the primary thing with Jackson—as with all the old bards, who were also known for repeating themselves—is the voice." —Sam Anderson, The New York Times Magazine A New York Times Bestseller The inside story of one of basketball's most legendary and game-changing figures During his storied career as head coach of the Chicago Bulls and Los Angeles Lakers, Phil Jackson won more championships than any coach in the history of professional sports. Even more important, he succeeded in never wavering

from coaching his way, from a place of deep values. Jackson was tagged as the “Zen master” half in jest by sportswriters, but the nickname speaks to an important truth: this is a coach who inspired, not goaded; who led by awakening and challenging the better angels of his players’ nature, not their egos, fear, or greed. This is the story of a preacher’s kid from North Dakota who grew up to be one of the most innovative leaders of our time. In his quest to reinvent himself, Jackson explored everything from humanistic psychology and Native American philosophy to Zen meditation. In the process, he developed a new approach to leadership based on freedom, authenticity, and selfless teamwork that turned the hypercompetitive world of professional sports on its head. In *Eleven Rings*, Jackson candidly describes how he:

- Learned the secrets of mindfulness and team chemistry while playing for the

- champion New York Knicks in the 1970s
- Managed Michael Jordan, the greatest player in the world, and got him to embrace selflessness, even if it meant losing a scoring title
- Forged successful teams out of players of varying abilities by getting them to trust one another and perform in sync
- Inspired Dennis Rodman and other “uncoachable” personalities to devote themselves to something larger than themselves
- Transformed Kobe Bryant from a rebellious teenager into a mature leader of a championship team. Eleven times, Jackson led his teams to the ultimate goal: the NBA championship—six times with the Chicago Bulls and five times with the Los Angeles Lakers. We all know the legendary stars on those teams, or think we do. What *Eleven Rings* shows us, however, is that when it comes to the most important lessons, we don’t know very much at all. This book is full of revelations: about

fascinating personalities and their drive to win; about the wellsprings of motivation and competition at the highest levels; and about what it takes to bring out the best in ourselves and others.

Basketball in America Frank Hoffmann
2016-05-23 Examine the social and cultural impact of basketball on America at the amateur and professional levels! Basketball in America: From the Playgrounds to Jordan's Game and Beyond is a pioneering analysis of the history of basketball and its effect on popular culture from the 1970s to today. The popularity of basketball is undeniable, and the subject allows for such a broad range of interpretations in popular culture. It cuts across economic, racial, and social boundaries, and its major stars cross over into other forms of popular entertainment more than any other professional sport. This book examines the entire scope of modern basketball history,

from the playgrounds, where people first learn the fundamentals, to the college and professional levels. Basketball in America is a collection of essays that explores the intersection of basketball and popular culture in America. The contributors are an eclectic mix of writers, scholars, journalists, former players, coaches, and sports enthusiasts who all share an undying love for the game of basketball. The authors analyze the sport from a cross-cultural and historical perspective—digging deep into the profound popular cultural influences of basketball and exploring the scope and depth of its influence. This is the first book that examines the social and cultural impact of basketball on American society to reveal how tightly it is woven into America's cultural fabric. Also included are photographs and tables to enhance your understanding of the material. Topics covered in Basketball in America include:

Elgin Baylor—the first “modern” basketball player Chocolate Thunder and Short Shorts: The NBA in the 1970s Dr. J, Bird, Magic, Jordan, and the Bad Boys: The NBA in the 1980s The Jordan Era: The NBA in the 1990s LeBron James and the future of the NBA the Nike brand and popular culture lessons learned from legendary UNC coach Dean Smith professional women’s basketball and much more! Basketball in America is a comprehensive analysis that will appeal to anyone interested in understanding how the sport has become an integral part of our national culture. It is an insightful read for sports fans as well as for sports historians. In addition, this book can be used as a textbook in sports history or sociology of sports classes. It will entertain and inform those who treasure basketball and the role it plays in the American consciousness. Make it part of your collection today!

[Dreams Fulfilled: Inspirational Comeback Stories](#) Tom Kloske 2016-06-15 Incredible inspirational comeback Stories of six determined athletes. Read amazing lessons of perseverance and the “never give up” attitude. Learn how they beat the odds by overcoming obstacles of defeat, persecution, age, and doubt. Dreams Fulfilled takes you on a journey of inspirational life stories, teaching us about the unlimited spirit of human achievement that resides in all of us.

Szemléletváltás - A siker új pszichológiája Carol S. Dweck 2019-04-08 Miért nem segíti gyermekeink fejlődését, ha készségeiket és intelligenciájukat dicsérjük? A harsány, karizmatikus vagy a szerény, befelé forduló vezetők sikeresek? Vajon az akaratérőnkön múlik, hogy be tudjuk-e tartani fogadalmainkat? Nem csupán képességeinktől vagy tehetségüinktől,

sokkal inkább szemléletmódunktól függ, elérjük-e céljainkat. A megfelelő szemlélettel nemcsak gyerekeinket motiválhatjuk iskolai teljesítményük javítására, de mi is rengeteget fejlődhetünk mind személyes, mind szakmai téren. Carol S. Dweck, a Stanford Egyetem világszerte ismert pszichológiai professzora évtizedekig kutatta a siker titkát. Könyvében számos kutatás segítségével, a legkiválóbb vezetők, sportolók, szülők és tanárok példáin keresztül bebizonyítja, hogy ha fejlődési szemlélettel tekintünk önmagunkra és a világra, az olyan tudásvágyra és kitartásra sarkall bennünket, amelynek köszönhetően az élet minden területén sikeresebbek leszünk.

Michael Jordan David L. Porter 2007
Profiles the legendary basketball player who is one of the wealthiest and most popular athletes in the world.

Eleven Rings Phil Jackson 2013-05-21

"Through candor and comprehensiveness, Jackson writes a convincing revisionist take, in which he emerges as an excellent coach . . . highly readable . . . reflects Jackson's polymathy." —The New York Times Book Review "Part sports memoir, part New Age spirit quest, part pseudo-management tract . . . But the primary thing with Jackson—as with all the old bards, who were also known for repeating themselves—is the voice." —Sam Anderson, The New York Times Magazine A New York Times Bestseller The inside story of one of basketball's most legendary and game-changing figures During his storied career as head coach of the Chicago Bulls and Los Angeles Lakers, Phil Jackson won more championships than any coach in the history of professional sports. Even more important, he succeeded in never wavering from coaching his way, from a place of deep values. Jackson was tagged as the "Zen

master” half in jest by sportswriters, but the nickname speaks to an important truth: this is a coach who inspired, not goaded; who led by awakening and challenging the better angels of his players’ nature, not their egos, fear, or greed. This is the story of a preacher’s kid from North Dakota who grew up to be one of the most innovative leaders of our time. In his quest to reinvent himself, Jackson explored everything from humanistic psychology and Native American philosophy to Zen meditation. In the process, he developed a new approach to leadership based on freedom, authenticity, and selfless teamwork that turned the hypercompetitive world of professional sports on its head. In *Eleven Rings*, Jackson candidly describes how he:

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and competition at the highest levels; and about what it takes to bring out the best in ourselves and others.

Cara baru melihat dunia dan hidup sukses tak terhingga Carol S. Dweck, Ph.D. 2007

Thomas Hirschhorn Josée Bélisle 2007 'Jumbo Spoons and Big Cake' is a monumental installation that would resemble a topsy-turvy reference centre except for the presence of a gigantic cake and with 12 spoons at its core. Modeled after souvenir spoons, they are emblematic of individuals or entities the artist associates with failed utopias: Mies van der Rohe, Rosa Luxemburg, Malevich, Nietzsche, Venice, China, the exhibition of degenerate art held by the Nazis in 1937 and the Chicago Bulls basketball team. In this installation, the artist offers a space for reflection on the an overabundance of information juxtaposed with the urgent

question of global hunger. 'Jumbo Spoons and Big Cake', a recent acquisition of the Muse dart contemporain, was shown at the Chicago Art Institute and at the Muse national dart moderne/Centre Pompidou. Stillness Is the Key Ryan Holiday 2019-10-01 Instant #1 New York Times Bestseller & Wall Street Journal Bestseller In The Obstacle Is the Way and Ego Is the Enemy, bestselling author Ryan Holiday made ancient wisdom wildly popular with a new generation of leaders in sports, politics, and technology. In his new book, Stillness Is the Key, Holiday draws on timeless Stoic and Buddhist philosophy to show why slowing down is the secret weapon for those charging ahead. All great leaders, thinkers, artists, athletes, and visionaries share one indelible quality. It enables them to conquer their tempers. To avoid distraction and discover great insights. To achieve happiness and do the

right thing. Ryan Holiday calls it stillness--to be steady while the world spins around you. In this book, he outlines a path for achieving this ancient, but urgently necessary way of living. Drawing on a wide range of history's greatest thinkers, from Confucius to Seneca, Marcus Aurelius to Thich Nhat Hanh, John Stuart Mill to Nietzsche, he argues that stillness is not mere inactivity, but the doorway to self-mastery, discipline, and focus. Holiday also examines figures who exemplified the power of stillness: baseball player Sadaharu Oh, whose study of Zen made him the greatest home run hitter of all time; Winston Churchill, who in balancing his busy public life with time spent laying bricks and painting at his Chartwell estate managed to save the world from annihilation in the process; Fred Rogers, who taught generations of children to see what was invisible to the eye; Anne Frank,

whose journaling and love of nature guided her through unimaginable adversity. More than ever, people are overwhelmed. They face obstacles and egos and competition. Stillness Is the Key offers a simple but inspiring antidote to the stress of 24/7 news and social media. The stillness that we all seek is the path to meaning, contentment, and excellence in a world that needs more of it than ever.

Words on Cassette 2002 R R Bowker Publishing 2002

Michael Jordan Sean Adams 2003

The British National Bibliography

Arthur James Wells 2001

12 Rules for Life Jordan B. Peterson 2018

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The

author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

Great Athletes 2010

How Life Imitates Chess Garry Kasparov 2010-08-10 Garry Kasparov was the highest-rated chess player in the world for over twenty years and is widely considered the greatest player that ever lived. In *How Life Imitates Chess* Kasparov distills the lessons he learned over a lifetime as a Grandmaster to offer a primer on successful decision-making: how to evaluate opportunities, anticipate the future, devise winning strategies. He relates in a lively, original way all the fundamentals, from the nuts and bolts of strategy, evaluation, and preparation to the subtler, more human arts of developing a personal style and using memory, intuition, imagination and even fantasy. Kasparov takes us through the

great matches of his career, including legendary duels against both man (Grandmaster Anatoly Karpov) and machine (IBM chess supercomputer Deep Blue), enhancing the lessons of his many experiences with examples from politics, literature, sports and military history. With candor, wisdom, and humor, Kasparov recounts his victories and his blunders, both from his years as a world-class competitor as well as his new life as a political leader in Russia. An inspiring book that combines unique strategic insight with personal memoir, *How Life Imitates Chess* is a glimpse inside the mind of one of today's greatest and most innovative thinkers.

The Jordan Rules Sam Smith 2012-07-26 The New York Times Bestseller, updated With a New Introduction This is the 20th anniversary of the explosive bestseller that changed the way the world viewed one of

the greatest athletes in history, revealing for the first time Michael Jordan's relentless drive to win anything and everything, at any cost. NBA Hall of Fame columnist Sam Smith had unlimited access to the team and its players during their championship 1991-92 season, which he details in the new introduction, along with candid revelations about his sources, and the reaction from Michael, his teammates, the media, and the fans when the book blasted onto the bestseller lists in 1992 (where it stayed for three months). With more than a million copies in print, *The Jordan Rules* remains the ultimate inside look at one of the most legendary teams in sports history.

Mindset Carol Dweck 2017-05-23 La destacada psicóloga e investigadora norteamericana Carol S. Dweck ha descubierto que existen dos mentalidades básicas: la mentalidad fija y la de crecimiento. Solo la segunda conduce a un

éxito verdadero en todos los órdenes de la vida. ¿Cuál de las dos es la tuya? ¿Tienes idea de cuánto influyen en tu vida cotidiana y en tu futuro las ideas que tienes acerca de ti mismo? ¿Sabes cómo cambiar de mentalidad y con ello transformar radicalmente tus posibilidades de realización personal? ¿Cómo podemos ayudar a nuestros hijos a desarrollar una mentalidad de crecimiento? *Mindset* responde a estas y muchas otras preguntas importantes. Es un libro que puede cambiar positivamente tu vida. Ya sea que lideres a personas, o bien que seas padre (lo cual es una forma de liderazgo) deja cualquier cosa que estés leyendo y toma este libro. Guy Kawasaki, autor de *El arte de empezar* *Mindset* es uno de los libros más influyentes de todos los tiempos acerca de la motivación. Po Bronson, autor de *Educar hoy* [Words on Cassette](#) 2000

Osez réussir ! Carol S. Dweck 2017-10-02
L'état d'esprit de développement, la clé de la réussite ! Durant ses nombreuses années de recherche en psychologie, Carol Dweck a découvert l'existence de deux états d'esprit bien distincts. Pensez-vous que votre intelligence est une donnée innée, que vous ne pouvez pas vraiment modifier ? Pensez-vous ne pas pouvoir changer les composantes essentielles de votre personnalité ? Si vous avez répondu « oui », il est fort probable que vous ayez un état d'esprit fixe. Ou bien pensez-vous plutôt que, peu importe votre niveau d'intelligence, il vous est possible de l'améliorer ? De modifier certains aspects de votre personnalité ? Oui ? Vous avez alors certainement un état d'esprit de développement. À partir de cette distinction, en apparence toute simple, Carol Dweck nous montre que, seuls, les capacités et le talent ne suffisent pas, mais

que l'état d'esprit a un impact capital sur la réussite de notre vie. Le plus important pour relever et réussir des défis est de les aborder avec un état d'esprit de développement. Et Carol Dweck va vous montrer comment. Sur base de résultats de recherche, d'anecdotes de la vie quotidienne et d'éléments biographiques de personnalités célèbres, la chercheuse américaine applique sa méthode aux diverses facettes de l'existence (éducation, relations sociales et amoureuses, sport, monde des affaires). Un guide pratique qui vous aidera à vous développer et à réussir grâce à des pistes concrètes à appliquer dans votre vie quotidienne. CE QU'EN PENSE LA CRITIQUE Beaucoup d'enfants sont coincés dans un état d'esprit fixe et en deviennent réticents à l'effort et à l'apprentissage. Carol Dweck propose plusieurs pistes pour engager les enfants dans un état d'esprit en développement. -

Apprendre à éduquer Un livre à relire régulièrement, il donne des ailes... - Psychologos À PROPOS DE L'AUTEUR Professeure à l'Université de Stanford, Carol S. Dweck est une des chercheuses les plus reconnues dans le domaine de la personnalité, de la psychologie sociale et de la psychologie du développement.

Books Out Loud 2004

G.K. Hall Interdisciplinary

Bibliographic Guide to Black Studies

Schomburg Center for Research in Black Culture 1999

Oprah Winfrey Speaks Janet Lowe

2001-01-22 "People have told me that their lives have changed because of me. I take away from this the sense that I'm on the right track." "I believe you're here to live your life with passion. Otherwise, you're just traveling through the world blindly-and there's no point to that." "Oprah's on." It's the catchphrase that inspires millions

around the world to tune in to one of the most trusted women in the history of television. Almost everyone follows Oprah's every move. One word about a book club selection sends an obscure first novel rocketing to the top of the bestseller list. Oprah Winfrey possesses what is arguably one of the world's most influential voices. Alive with her unique warmth and insight, Oprah Winfrey Speaks reveals the mystique of Oprah in her own words. Drawing on hundreds of sources, Janet Lowe provides an evocative, personal portrait. Here are Oprah's opinions on everything from childhood and overcoming adversity to dealing with fame and staying real. Oprah Winfrey Speaks highlights Oprah's abiding faith, no-nonsense business rules, generosity, and love as well as her 10 commandments for lifelong success. Oprah's lifetime theme has been personal transformation-she's constantly seeking,

questioning, changing, and growing. This uplifting theme echoes throughout Oprah Winfrey Speaks. Here is just a hint of the wisdom you'll discover: * "Just tell the truth. It'll save you every time." * "Don't complain about what you don't have. Use what you've got. To do less than your best is a sin. Every single one of us has the power for greatness, because greatness is determined by service-to yourself and to others." * "I am a woman in progress. I'm just trying like everyone else. I try to take every conflict, every experience and learn from it. All I know is that I can't be anybody else. And it's taken me a long time to realize that." * "If you're angry, be angry and deal with it. Don't go eat a bag of Ruffles." * "God blesses you better when you pray on your knees." The world listens when Oprah Winfrey Speaks Here's just a hint of the wisdom you'll find inside... "I am what I am because of my grandmother. My strength.

My sense of reasoning. Everything. All that was set by the time I was six." "Luck is a matter of preparation meeting opportunity." "I always feel if you do right, right will follow." "You know the old clich-, 'a good man is hard to find'? Well, it's true. And the smarter you get, the harder they are to find." This book has not been prepared, approved, licensed, or endorsed by Oprah Winfrey, Harpo Productions, or by any entity that creates, produces, or broadcasts THE OPRAH WINFREY SHOW.

Afro-American Biographies Sara Mitchell 2000 This Bibliography presents citations of hundreds of biographies of Afro-Americans under the categories of General, Science, Engineering and Invention, Entertainment, Sports, Civil Rights, Women and the Arts. Access is provided via Title, Author and Subject Indexes.
Standard Catalog of Sports Memorabilia
Tom Mortenson 2001 Sports memorabilia

collectors can identify and evaluate their treasured collectibles by using this comprehensive price guide, now in its second edition. Includes information on autographs, books and publications, equipment, figurines, pennants, and other unusual items. 2,500 photos.

The North Carolina Historical Review 2001

Basketball in America Bob Batchelor 2005 A pioneering analysis of the history of basketball & its effect on popular culture from the 1970s until the present day, this book is aimed at sports fans & academics alike.

Applause! for Cincinnati's Black Lifestyle 1999

[A Journal for Jordan](#) Dana Canedy 2021 In a poignant memoir of love and war, a Pulitzer Prize-winning journalist presents the journal of her fiancée, a dedicated career soldier killed in Iraq, in which he records the events of the war, his grief over losing

men in battle, and advice to his infant son on every aspect of life.

Michael Jordan Speaks Janet Lowe 2001-01-22 Words and wisdom from Chicago Bulls #23: Mega-superstar, "His Airness" He is the most successful player to ever wear a basketball uniform. On the court and off the court, Michael has entertained the world as a pitcher, movie star, spokesperson, and an extraordinary athlete-although not the greatest baseball player. For the first time ever, bestselling author Janet Lowe has compiled a portrait from Michael's own words. Michael Jordan Speaks touches upon everything about the sport, his mega-superstar status, and his life, culled from articles, newscasts, and interviews.

Books in Print 1995

Michael Jordan: Jeff Hawkins 2014-01-01 This title introduces Michael Jordan who has had a great influence on his sport and

in his society. Career highlights, battles along the way, and humanitarian contributions are discussed. Jordan's legacy is told through informative sidebars, captivating photos, and engaging text.

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Mindset Carol S. Dweck 2006-02-28 The updated edition of the bestselling book that has changed millions of lives with its insights into the growth mindset “Through clever research studies and engaging writing, Dweck illuminates how our beliefs about our capabilities exert tremendous influence on how we learn and which paths we take in life.”—Bill Gates, GatesNotes After decades of research, world-renowned Stanford University psychologist Carol S. Dweck, Ph.D., discovered a simple but

groundbreaking idea: the power of mindset. In this brilliant book, she shows how success in school, work, sports, the arts, and almost every area of human endeavor can be dramatically influenced by how we think about our talents and abilities. People with a fixed mindset—those who believe that abilities are fixed—are less likely to flourish than those with a growth mindset—those who believe that abilities can be developed. *Mindset* reveals how great parents, teachers, managers, and athletes can put this idea to use to foster outstanding accomplishment. In this edition, Dweck offers new insights into her now famous and broadly embraced concept. She introduces a phenomenon she calls false growth mindset and guides people toward adopting a deeper, truer growth mindset. She also expands the mindset concept beyond the individual, applying it to the cultures of groups and organizations.

With the right mindset, you can motivate those you lead, teach, and love—to transform their lives and your own.

Mindset Psychology of Success Lorenz

Diemberger 2021-03-01 Mindset

Psychology of Success is your guide to gaining clarity, eliminating stress and finally achieving all the hopes and dreams you have for yourself. In just 15 minutes a day for the next 4 weeks, you can banish the negative, limiting beliefs that are holding you back from success and fulfillment and achieve the breakthrough you crave.

Winning Tim S. Grover 2021-05-18 "From the elite performance coach for Michael Jordan, Kobe Bryant, Dwyane Wade, and many others-and the author of the powerful bestseller Relentless-a no-holds-barred formula for winning that is ideal for business people, athletes, and anybody wanting to achieve success. In Relentless,

Tim Grover showed that you need to be tough and ruthless-toward others and yourself-to achieve your goals. Now, in Winning he takes that skill repertoire to an even higher level, demonstrating why he is one of the world's most sought-after mindset experts. Based on three decades of work with elite competitors like Michael Jordan, Kobe Bryant, and Dwyane Wade, Winning challenges you to destroy every obstacle in your path, even if, at the moment of greatest triumph, it may be all taken away. Whether you're an athlete striving to win, an entrepreneur building a business, a CEO managing an empire, a salesperson looking to close a deal, or a high achiever determined to stand in the winner's circle, Winning offers thirteen key principles for ramping up your performance to the maximum. If you're addicted to the taste of success and crave more, then you're ready for the results-driven

performance formula found here. And if you're already winning and want to learn how to execute excellence repeatedly-so you can own not just this moment, but the next, and the next-then Winning is for you"-

Mindset : Du blir vad du tänker Carol S. Dweck 2017-07-14 Boken Mindset har förändrat vårt sätt att prata om intelligens och förmåga till inläring. Carol S. Dwecks banbrytande forskning om hur förmågor och prestationer utvecklas bygger på insikten att mänskliga egenskaper inte enbart är medfödda, utan något som kan påverkas av nya kunskaper och erfarenheter. Att utmana sig själv ofta, gärna prova nytt och se misslyckanden som ett sätt att lära, är avgörande för både personligt och professionellt lärande. Dweck kallar det för att ha ett dynamiskt mindset, till skillnad från det statiska mindset som skapar bekräftelsebehov och

rädsla att misslyckas. Detta är en utökad utgåva av boken, där Dweck presenterar begreppet "falskt dynamiskt mindset". Med hjälp av det visar hon hur man kan undvika de vanligaste misstagen när man strävar efter att odla ett dynamiskt mindset. Läsaren får många tips och råd om hur man kan hjälpa sina barn, sina medarbetare eller sig själv att lära och utvecklas. Carol S. Dweck är en av världens ledande forskare inom personlighetspsykologi, socialpsykologi och utvecklingspsykologi. Hon har varit professor i psykologi vid Columbia-universitetet och är nu professor i psykologi vid Stanford-universitetet samt medlem av American Academy of Arts and Sciences.

Carol S. Dweck, Ph.D.
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bien distincts. Pensez-vous que votre intelligence est une donnée innée, que vous ne pouvez pas vraiment modifier ? Pensez-vous ne pas pouvoir changer les composantes essentielles de votre personnalité ? Si vous avez répondu « oui », il est fort probable que vous ayez un état d'esprit fixe. Ou bien pensez-vous plutôt que, peu importe votre niveau d'intelligence, il vous est possible de l'améliorer ? De modifier certains aspects de votre personnalité ? Oui ? Vous avez alors certainement un état d'esprit de développement. À partir de cette distinction, en apparence toute simple, Carol Dweck nous montre que, seuls, les capacités et le talent ne suffisent pas, mais que l'état d'esprit a un impact capital sur la réussite de notre vie. Le plus important pour relever et réussir des défis est de les aborder avec un état d'esprit de développement. Et Carol Dweck va vous

montrer comment. Sur base de résultats de recherche, d'anecdotes de la vie quotidienne et d'éléments biographiques de personnalités célèbres, la chercheuse américaine applique sa méthode aux diverses facettes de l'existence (éducation, relations sociales et amoureuses, sport, monde des affaires). Un guide pratique qui vous aidera à vous développer et à réussir grâce à des pistes concrètes à appliquer dans votre vie quotidienne. CE QU'EN PENSE LA CRITIQUE Beaucoup d'enfants sont coincés dans un état d'esprit fixe et en deviennent réticents à l'effort et à l'apprentissage. Carol Dweck propose plusieurs pistes pour engager les enfants dans un état d'esprit en développement. - Apprendre à éduquer Un livre à relire régulièrement, il donne des ailes... - Psychologos À PROPOS DE L'AUTEUR Professeure à l'Université de Stanford, Carol S. Dweck est une des chercheuses les

plus reconnues dans le domaine de la personnalité, de la psychologie sociale et de la psychologie du développement.

Acquisitions List, African-American

Collection University of Pittsburgh.

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Osez vraiment réussir ! Carol S. Dweck

2021-04-08 Cet ouvrage éclairant vous aidera à changer votre manière de penser afin d'arriver à atteindre vos objectifs.

Pourquoi certains atteignent-ils la réussite en un éclair, alors que d'autres n'y parviennent jamais ? Selon Carol S. Dweck, c'est une question d'état d'esprit ! Dans son best-seller, elle livre un regard inédit sur l'impact décisif de notre manière de penser. Qui n'a jamais rêvé d'un guide pratique pour réussir dans la vie ? Dans cet ouvrage révolutionnaire, Carol Dweck propose de faire de ce rêve une réalité. Selon l'auteure, réussir n'implique pas de changer le monde, mais de changer sa mentalité : au

lieu de rester éternellement braqué sur ses échecs, il faut les transformer en étapes d'apprentissage et de développement. Dans ce guide pratique, elle accompagne pas à pas le lecteur et lui explique comment modifier sa perspective et sa manière de vivre... pour qu'il puisse enfin construire de façon durable et solide sa vraie réussite, dans toutes les facettes de son existence ! Un best-seller toujours aussi révolutionnaire qui présente la marche à suivre pour vraiment réussir, et ce dans tous les aspects de la vie ! À PROPOS DE L'AUTEURE Professeure à l'Université de Stanford, Carol Dweck est l'une des chercheuses les plus reconnues dans le domaine de la personnalité, de la psychologie sociale et de la psychologie du développement. Elle est en outre l'auteure de nombreux ouvrages de psychologie, tels que le Handbook of Competence and Motivation (Guilford, 2005) publié avec

Elliot A. J., ou encore Self-theories : Their

Role in Motivation, Personality, and
Development (Psychology Press, 2000).